

SEXUAL AND REPRODUCTIVE HEALTHCARE

Ensuring access to quality client-centred and rights-based care

With its network of over 8,000 service delivery points and its strong advocacy voice, IPPF East, Southeast Asia and Oceania Region (ESEAOR) is in a unique position to bring together evidence in support of accessible sexual and reproductive healthcare.

A comprehensive approach to sexual and reproductive health and rights is critical to ensuring sexual and reproductive well-being and bodily autonomy. Sexual and reproductive healthcare (SRH) not only includes prevention and treatment of disease, but the promotion of healthy and positive sexuality and sexual pleasure. This means going beyond contraception, abortion, and treatment of sexually transmitted infections including HIV, to the inclusion of sexual health, assisted reproductive care, while recognizing the range of gender expression.



IPPF guides its Member-Associations (MAs) to ensure the provision of quality person-centered sexual and reproductive healthcare.

A snapshot of our region

SRH services / Period	2016	2017	2018	2019	2020	2021
Contraceptive care	5,890,895	7,553,130	6,928,236	6,269,194	5,034,724	5,094,227
Abortion care	548,281	458,827	659,178	642,551	531,130	526,968
Gynaecologic care	1,837,816	2,170,315	2,920,188	4,165,235	3,075,082	2,917,530
HIV/AIDS care	719,289	715,745	992,656	1,077,941	932,716	1,772,058
STI/RTI care	2,223,562	1,957,328	3,351,612	3,716,210	2,830,520	3,114,933
Obstetric care	1,068,801	997,582	968,536	1,169,867	879,623	1,116,762
Paediatric care	820,613	874,009	1,181,769	762,520	328,771	266,830
SRH care other	380,033	244,852	151,977	150,368	122,965	62,108
Specialised SRH care	1,372,224	1,858,157	1,646,853	1,690,927	1,651,561	1,669,098
Subfertility care	98,664	139,821	196,859	214,901	174,300	210,738
Urologic care	43,654	58,809	168,586	325,415	237,214	264,703
TOTAL SRH services	15,003,832	17,028,575	19,166,450	20,185,129	15,798,606	17,015,955

Client-centred approach

Clients are at the centre of IPPF's approach to quality of care, bearing the right to receive the highest quality of healthcare. Clients should be empowered to make decisions about their health and well-being, the care

and treatments they choose and receive, and to access the health system.

A client-centred approach means that healthcare providers are aware of the clients' needs and

meet and respect their rights. This includes providing options for healthcare relevant to an individual's needs, preferences, and lived experiences. We work to balance our clients' rights with our providers' needs.

Clients/ Period	2016	2017	2018	2019	2020	2021
Estimated total clients	9,900,364	10,795,234	6,423,487	6,132,058	5,208,501	5,194,800
Estimated poor and/or vulnerable clients	7,460,217	9,265,233	4,631,846	4,138,397	3,385,240	3,340,281
Estimated female clients	7,818,148.20	7,926,044	4,863,119	4,034,229	3,980,859	3,881,184
Estimated clients aged 10-24	-	5,180,434	2,517,997	2,298,129	2,001,437	1,954,770
Estimated clients served in humanitarian contexts	-	7,647	12,265	21,261	64,789	57,147

SRH clients served in ESEAOR, 2016-2021

Rights-based approach

A rights-based approach is informed by various global treaties and declarations. Building on the 1948 Universal Declaration of Human Rights, which includes the right to health, the current integrated definition of sexual and reproductive health and rights which IPPF abides by is that:

"Sexual and reproductive health is a state of physical, emotional, mental, and social wellbeing in relation to all aspects of sexuality and reproduction, not merely the absence of disease, dysfunction, or infirmity. Therefore, a positive approach to sexuality and reproduction should recognize the part played by pleasurable sexual relationships, trust, and communication in promoting self-esteem and overall wellbeing. All individuals have a right to make decisions governing their bodies and to access services that support that right." (Lancet, 2018)

By placing an individual's dignity and needs at the centre of the design, implementation, monitoring, and evaluation of healthcare and healthcare delivery, IPPF aims to ensure the respect, protection, and fulfilment of every individual's human rights and protect full, free, and informed choice for sexual and reproductive health.

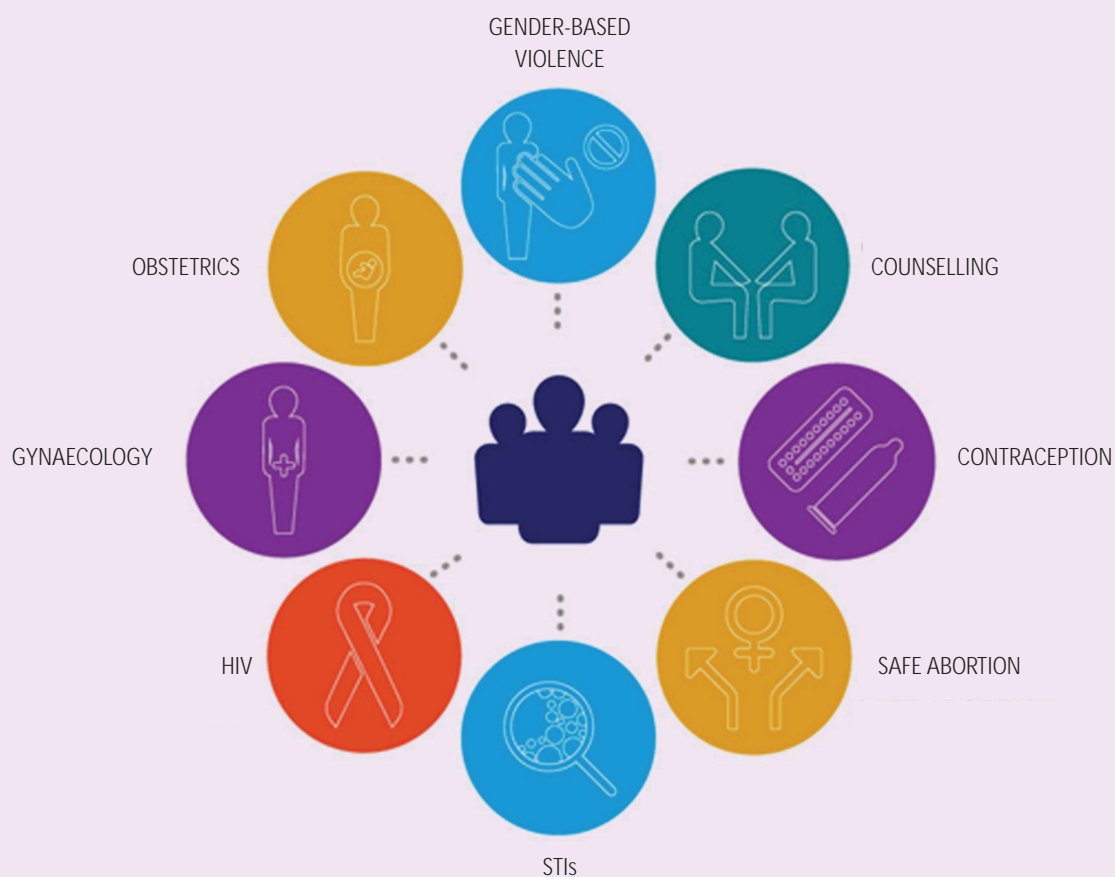


Integrated package of essential healthcare

A wide range of sexual and reproductive healthcare are available at the service delivery points to meet the needs of clients. 18 out of 20 Member Associations are able to provide five or more packages. Providing a package of integrated healthcare not only benefits the individual by ensuring access to a wide range of care, but also contributes to strengthening the health system.

A package of essential healthcare can serve as the entry point for further integration of other health and support services, minimising missed opportunities for care. For example, if a client seeks abortion care, the client may have had unprotected

sex and had been exposed to sexually transmitted infections including HIV, or sexual and gender-based violence. This provides an opportunity to offer additional services, ensuring the client receives all required care in a single visit.



IPPF's Integrated Package of Essential Services



What is IPPF?

The International Planned Parenthood Federation is a locally-led, globally connected civil society movement, delivering sexual and reproductive healthcare and fighting for sexual and reproductive rights.

IPPF ESEAOR is based in Kuala Lumpur, Malaysia and is one of IPPF's six (6) regional offices, with a sub-regional office in Suva, Fiji.



References

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IPPF ESEAOR

246 Jalan Ampang
Kuala Lumpur 50450
Malaysia

Tel: +60 (3) 425 66 122

Or: +60 (3) 425 66 246

Or: +60 (3) 425 66 308

Fax: +60 (3) 425 66 386

Email: ippfklro@ippfeseaor.org

Website: www.ippfeseaor.org

Instagram: @ippfeseaor

<https://www.instagram.com/ippfeseaor/>